

ALATEEN MEETINGS

ALATEEN Meetings on the Al-Anon APP:

<https://al-anon.org/for-members/members-resources/mobile-app/>

Get the App from Google Play or the APP Store.

(Alateen is part of Al-Anon and, as such, all Alateen members are Al-Anon members, and welcome at all Al-Anon meetings. Where there is no Alateen meeting it is suggested that Alateens attend Al-Anon meetings. Helping professionals are welcome to make this suggestion)

MONDAY

7:00 Celebrate Alateen
PM Held virtually on the Al-Anon App

11:00 WA Area Alateen
PM Held virtually on the Al-Anon App

WEDNESDAY

8:00 Together We Can Make It Alateen
PM Held virtually on the Al-Anon App

10:30 Montana Alateen Chat
PM Held virtually on the Al-Anon App

THURSDAY

8:30 Alateen Chatters
PM Held virtually on the Al-Anon App

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Al-Anon and Alateen

Meeting list for
Districts 11 and 7 – Halifax, Dartmouth
Bridgewater, Sackville, Enfield, Cole Harbour

(Meeting List is renewed every Feb & Oct)

February 2026

Meetings and information for anyone who is,
or has ever been, affected by someone else's
drinking

For more information, phone 902-466-7077

Information? Group changes? ...please contact us at

Al-Anon Family Groups (A.F.G.)

(operated by volunteers - come, lend a hand)

AFG Information Service

c/o North Woodside Community Center

230 Pleasant Street, Dartmouth, N. S., B2Y 3R8

AIS.HFX.NS.AREA91@GMAIL.COM

(902) 466-7077, local, and...

where there is no information service office

Monday - Friday 8 - 6 p.m. Eastern Standard Time

1-888-4Al-Anon

(Toll free line for meeting listings in the U.S.A. and Canada)

Website URL www.al-anon.org

E-mail address: wso@al-anon.org

Al-Anon Maritimes website:

www.al-anonmaritimes.ca

Al-Anon Maritimes website:
www.al-anonmaritimes.ca

Alateen Information: www.al-anon.org/alateen

TO SPEAK WITH A VOLUNTEER ABOUT AL-ANON, PLEASE CALL OUR VOLUNTEER OPERATED TELEPHONE LINE AT 466-7077 or Email us at AIS.HFX.NS.AREA91@gmail.com

Your anonymity (confidentiality) is assured.

It is suggested that a newcomer attend six Al-Anon meetings before deciding if it is for you, or not. Listing in this meeting list does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another

There is help and hope available in Al-Anon.

Friends

Alateen & Al-Anon Meetings on the Al-Anon APP: <https://al-anon.org/for-members/members-resources/mobile-app/>
Email us: AIS.HFX.NS.AREA91@gmail.com

WC = Wheelchair access
www.al-anonmaritimes.ca

LIST SUBJECT TO CHANGE –PLEASE CALL THE OFFICE OR CHECK WEBSITE FOR CONFIRMATION

Serenity Prayer

God grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference.

While it is a separate entity, Al-Anon cooperates with Alcoholics Anonymous (A. A.). You may reach A.A. at: (902) 461-1119.

All meetings are for Families & Friends, unless designated “Observers Welcome”

MONDAY

10:00 - 11:30
AM *Our New Beginnings AFG*
St. Andrews Presbyterian Church
216 School St. Dartmouth
Group meets in person. Contact group at ournewbeginningsafg@outlook.com

7:30 PM *Steps To Serenity AFG* WC
St Bernard's Church, 253 Highway #2, Enfield, NS, Group meets in person. (Enter left side of property, around back of the building, AFG on the door- outside & inside room). Contact group at stepstoserenity247@gmail.com

TUESDAY

10:00 AM *Clayton Park Sunshine AFG*
Halifax Christian Church
51 Farnham Gate Road, Halifax
Group meeting in person
(As of Dec 30, 2025, members are asked to enter the main door of the church by the parking lot. There are 17 parking spaces available and more parking across the road at the Rockingham Ridge Plaza. When you enter the front door of the church, immediately turn left, walk down the stairs, and at the bottom of the stairs, turn right, and you will see the meeting room.
Renovations are continuing, and in the Spring, it is planned that the Church will be an accessible site.)

7:00 PM *Halifax Al-Anon AFG*
Meeting Virtually on Zoom
Meeting ID: 830 3343 4425,
Passcode: 076240

Al-Anon Declaration

Let It Begin With Me

When anyone, anywhere, reaches out for help,
let the hand of Al-Anon and Alateen
always be there, and - *Let It Begin With Me.*

WEDNESDAY

10:30 AM *Grateful AFG*
St Joseph's Parish Hall
115 Pleasant St, Bridgewater, NS
Group meets in person, (Back entrance on Queen St, 2nd Floor, Room E). (*The Hall has paid parking. AFG members will be given a free pass code number to exit so they do not have to pay. Free parking on Pleasant St in front. The church parking lot to the right of the church is free.*)

7:30 PM *Hope and Peace AFG* WC
Hybrid Meeting in Person with Fongo Conference Call. In Person: Bedford United Church, 1200 Bedford Highway, Room 305. Bedford (*Back Parking Lot Entrance at Top of Hill, third floor, After entering, walk down the hall, down the stairs*)
Fongo Conference Call. Dial 902-932-1200, Enter Pass Code # 902-418-5969 #

7:30 PM *Serenity AFG*
Hybrid Meeting in Person with Fongo Conference Call. In Person: Anglican Church of the Apostles, 6670 Bayers Rd (Corner Bayers Rd. & Connaught Ave Halifax, (*Parking on George Dauphinee Dr, Entrance at Side Rear Door off George Dauphinee, Downstairs.* Fongo Conference Call. Dial 902-932-1200, Enter Pass Code # 902-418-8594 #

7:45 PM *3G's AFG* WC
Club 24, 3 Dundas Street, Dartmouth
Group meets in person.
(*Hosts Speaker meeting 3rd Wednesday Feb, June, & Oct, Last Wednesday of Month meeting is at 7:30 pm, Observers Welcome*)

THURSDAY

10:30 AM *New Hope AFG*
Cole Harbour Woodside United Church
15 Bissett Rd, Cole Harbour (Entrance at back), (*This group does NOT meet on school storm days or if school buses do not run.*)

7:00 PM *Sambro Loop Serenity AFG*
Meeting Virtually on Zoom
Contact AIS to receive Zoom link
AIS.HFX.NS.AREA91@gmail.com
Link is emailed to members weekly on the meeting day.

7:00 PM *St Margaret's Bay Serenity AFG*
St Luke's United Church
5374 St Margaret's Bay Rd
Tantallon, Group meets in person (*use left side door, basement level*)

7:30 PM *Eastern Passage AFG*
Meeting Virtually on Zoom
Contact group to receive Zoom link at easternpassageafg@gmail.com

FRIDAY

7:30 PM *Cornerstone AFG*
Step and Tradition Study + Topics
1st Sackville Presbyterian Church
60 Beaverbank Rd., Sackville
Group meets in person.

7:45 PM *Friday Night AFG*
North Woodside Community Centre
230 Pleasant St., Dartmouth WC
Group meets in person. Fellowship afterwards until 9:15 pm. Facility Closed on Storm Days. *Observers Welcome.*

SATURDAY

1:00 PM *Port Wallis AFG*
Meeting Virtually on Zoom
Contact group to receive Zoom link at portwallisafg@gmail.com
Link is emailed to members weekly on the meeting day.

(Revised January 2026)