

ALATEEN MEETINGS

ALATEEN Meetings on the Al-Anon APP:

<https://al-anon.org/for-members/members-resources/mobile-app/>

Get the App from Google Play or the APP Store.

(Alateen is part of Al-Anon and, as such, all Alateen members are Al-Anon members, and welcome at all Al-Anon meetings. Where there is no Alateen meeting it is suggested that Alateens attend Al-Anon meetings. Helping professionals are welcome to make this suggestion)

MONDAY

7:00 Celebrate Alateen
PM Held virtually on the Al-Anon App

11:00 WA Area Alateen
PM Held virtually on the Al-Anon App

WEDNESDAY

8:00 Together We Can Make It Alateen
PM Held virtually on the Al-Anon App

10:30 Montana Alateen Chat
PM Held virtually on the Al-Anon App

THURSDAY

8:30 Alateen Chatters
PM Held virtually on the Al-Anon App

ALATEEN Meetings on the Al-Anon APP:

<https://al-anon.org/for-members/members-resources/mobile-app/>

Get the App from Google Play or the APP Store.

Al-Anon and Alateen

Meeting list for

Districts 11 and 7 – Halifax, Dartmouth
Bridgewater, Sackville, Enfield, Cole Harbour

(Meeting List is renewed every Feb & Oct)

February 2026

Meetings and information for anyone who is,
or has ever been, affected by someone else's
drinking

For more information, phone 902-466-7077

Information? Group changes? ...please contact us at

Al-Anon Family Groups (A.F.G.)

(operated by volunteers - come, lend a hand)

AFG Information Service

c/o North Woodside Community Center

230 Pleasant Street, Dartmouth, N. S., B2Y 3R8

AIS.HFX.NS.AREA91@GMAIL.COM

(902) 466-7077, local, and...

where there is no information service office

Monday - Friday 8 - 6 p.m. Eastern Standard Time

1-888-4Al-Anon

(Toll free line for meeting listings in the U.S.A. and Canada)

Website URL www.al-anon.org

E-mail address: wso@al-anon.org

Al-Anon Maritimes website:

www.al-anonmaritimes.ca

Al-Anon Maritimes website:

www.al-anonmaritimes.ca

Alateen Information: www.al-anon.org/alateen

**TO SPEAK WITH A VOLUNTEER ABOUT
AL-ANON, PLEASE CALL OUR VOLUNTEER
OPERATED TELEPHONE LINE AT 466-7077 or
Email us at AIS.HFX.NS.AREA91@gmail.com**

Your anonymity (confidentiality) is assured.

It is suggested that a newcomer attend six Al-Anon meetings before deciding if it is for you, or not. Listing in this meeting list does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another

There is help and hope available in Al-Anon.

Friends

**Alateen & Al-Anon Meetings on the Al-Anon
APP: <https://al-anon.org/for-members/members-resources/mobile-app/>**

Email us: AIS.HFX.NS.AREA91@gmail.com

**WC = Wheelchair access
www.al-anonmaritimes.ca**

**LIST SUBJECT TO CHANGE –PLEASE CALL
THE OFFICE OR CHECK WEBSITE FOR
CONFIRMATION**

Serenity Prayer

God grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference.

While it is a separate entity, Al-Anon cooperates with Alcoholics Anonymous (A. A.). You may reach A.A. at: (902) 461-1119.

**All meetings are for Families & Friends,
unless designated “Observers Welcome”**

MONDAY

10:00 - 11:30

AM *Our New Beginnings AFG*
St. Andrews Presbyterian Church
216 School St. Dartmouth
Group meets in person. Contact group at
ournewbeginningsafg@outlook.com

7:30 *Steps To Serenity AFG* WC
PM St Bernard's Church, 253 Highway #2,
Enfield, NS, Group meets in person.
(Enter left side of property, around back of the
building, AFG on the door- outside & inside
room). Contact group at
stepstoserenity247@gmail.com

TUESDAY

10:00 *Clayton Park Sunshine AFG*
AM Halifax Christian Church
51 Farnham Gate Road, Halifax
Group meeting in person
(As of Dec 30, 2025, members are asked to
enter the main door of the church by the
parking lot. There are 17 parking spaces
available and more parking across the road
at the Rockingham Ridge Plaza. When you
enter the front door of the church,
immediately turn left, walk down the stairs,
and at the bottom of the stairs, turn right,
and you will see the meeting room.
Renovations are continuing, and in the
Spring, it is planned that the Church will be
an accessible site.)

7:00 *Halifax Al-Anon AFG*
PM **Meeting Virtually on Zoom**
Meeting ID: 830 3343 4425,
Passcode: 076240

Al-Anon Declaration

Let It Begin With Me

When anyone, anywhere, reaches out for help,

let the hand of Al-Anon and Alateen

always be there, and - *Let It Begin With Me.*

WEDNESDAY

10:30 *Grateful AFG*
AM St Joseph's Parish Hall
115 Pleasant St, Bridgewater, NS
Group meets in person, (Back entrance on
Queen St, 2nd Floor, Room E). (*The Hall has
paid parking. AFG members will be given a free
pass code number to exit so they do not have to
pay. Free parking on Pleasant St in front. The
church parking lot to the right of the church is
free.*)

7:30 *Hope and Peace AFG* WC
PM **Hybrid Meeting in Person with Fongo
Conference Call.** In Person: Bedford
United Church, 1200 Bedford Highway,
Room 305. Bedford (*Back Parking Lot
Entrance at Top of Hill, third floor, After
entering, walk down the hall, down the stairs*)
Fongo Conference Call. Dial 902-932-1200,
Enter Pass Code # 902-418-5969 #

7:30 *Serenity AFG*
PM **Hybrid Meeting in Person with Fongo
Conference Call.** In Person: Anglican
Church of the Apostles, 6670 Bayers Rd
(Corner Bayer's Rd. & Connaught Ave
Halifax, (*Parking on George Dauphinee Dr,
Entrance at Side Rear Door off George
Dauphinee, Downstairs.*) Fongo Conference
Call. Dial 902-932-1200, Enter Pass Code #
902-418-8594 #

7:45 *3G's AFG* WC
PM Club 24, 3 Dundas Street, Dartmouth
Group meets in person.
(*Hosts Speaker meeting 3rd Wednesday
Feb, June, & Oct, Last Wednesday of Month
meeting is at 7:30 pm, Observers Welcome*)

THURSDAY

10:30 *New Hope AFG*
AM Cole Harbour Woodside United Church
15 Bissett Rd, Cole Harbour (Entrance at
back), (*This group does NOT meet on school
storm days or if school buses do not run.*)

7:00 Sambro Loop Serenity AFG
PM **Meeting Virtually on Zoom**
Contact AIS to receive Zoom link
AIS.HFX.NS.AREA91@gmail.com
Link is emailed to members weekly on
the meeting day.

7:00 *St Margaret's Bay Serenity AFG*
PM St Luke's United Church
5374 St Margaret's Bay Rd
Tantallon, Group meets in person
(*use left side door, basement level*)

7:30 *Eastern Passage AFG*
PM **Meeting Virtually on Zoom**
Contact group to receive Zoom link at
easternpassageafg@gmail.com

FRIDAY

7:30 *Cornerstone AFG*
PM Step and Tradition Study + Topics
1st Sackville Presbyterian Church
60 Beaverbank Rd., Sackville
Group meets in person.

7:45 *Friday Night AFG*
PM North Woodside Community Centre
230 Pleasant St., Dartmouth WC
Group meets in person. Fellowship
afterwards until 9:15 pm. Facility Closed on
Storm Days. **Observers Welcome.**

SATURDAY

1:00 *Port Wallis AFG*
PM **Meeting Virtually on Zoom**
Contact group to receive Zoom link at
portwallisafg@gmail.com
Link is emailed to members weekly on
the meeting day.

(Revised January 2026)