

## ALATEEN MEETINGS

ALATEEN Meetings on the Al-Anon APP:

<https://al-anon.org/for-members/members-resources/mobile-app/>

Get the App from Google Play or the Apple App Store.

*(Alateen is part of Al-Anon and, as such, all Alateen members are Al-Anon members, and welcome at all Al-Anon meetings. Where there is no Alateen meeting it is suggested that Alateens attend Al-Anon meetings. Helping professionals are welcome to make this suggestion)*

### MONDAY

7:00 Celebrate Alateen  
PM Held virtually on the Al-Anon App

11:00 WA Area Alateen  
PM Held virtually on the Al-Anon App


### WEDNESDAY

8:00 Together We Can Make It Alateen  
PM Held virtually on the Al-Anon App

10:30 Montana Alateen Chat  
PM Held virtually on the Al-Anon App

### THURSDAY

8:30 Alateen Chatters  
PM Held virtually on the Al-Anon App



Al-Anon Family Groups  
Help and hope for families and friends of alcoholics

## Al-Anon and Alateen

Districts 11 and 7 – Halifax, Dartmouth  
Bridgewater, Sackville, Enfield, Cole Harbour

Meetings and information for anyone who is, or has ever been, affected by someone else's drinking

Revised February 2026

**For more information, phone 902-466-7077**

Information? Group changes? ...please contact us at  
Al-Anon Family Groups (A.F.G.)  
(operated by volunteers - come, lend a hand)  
AFG Information Service  
c/o North Woodside Community Center  
230 Pleasant Street, Dartmouth, N. S., B2Y 3R8  
[AIS.HFX.NS.AREA91@GMAIL.COM](mailto:AIS.HFX.NS.AREA91@GMAIL.COM)  
**(902) 466-7077, local, and...**  
where there is no information service office  
Monday - Friday 8 - 6 p.m. Eastern Standard Time  
1-888-4Al-Anon  
(Toll free line for meeting listings in the U.S.A. and Canada)  
Website URL [www.al-anon.org](http://www.al-anon.org)  
E-mail address: [wso@al-anon.org](mailto:wso@al-anon.org)  
Al-Anon Maritimes website:  
**[www.al-anonmaritimes.ca](http://www.al-anonmaritimes.ca)**

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**Alateen Information: [www.al-anon.org/alateen](http://www.al-anon.org/alateen)**

**TO SPEAK WITH A VOLUNTEER ABOUT AL-ANON, PLEASE CALL OUR VOLUNTEER OPERATED TELEPHONE LINE AT 466-7077 or Email us at [AIS.HFX.NS.AREA91@gmail.com](mailto:AIS.HFX.NS.AREA91@gmail.com)**

**Your anonymity (confidentiality) is assured.**

*It is suggested that a newcomer attend six Al-Anon meetings before deciding if it is for you, or not. Listing in this meeting list does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another*

*There is help and hope available in Al-Anon.*

### Friends

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*Email us: [AIS.HFX.NS.AREA91@gmail.com](mailto:AIS.HFX.NS.AREA91@gmail.com)*

**WC = Wheelchair access  
[www.al-anonmaritimes.ca](http://www.al-anonmaritimes.ca)**

**LIST SUBJECT TO CHANGE –PLEASE CALL THE OFFICE OR CHECK WEBSITE FOR CONFIRMATION**



### Serenity Prayer

God grant me the serenity  
To accept the things I cannot change,  
Courage to change the things I can,  
And wisdom to know the difference.

While it is a separate entity, Al-Anon cooperates with Alcoholics Anonymous (A. A). You may reach A.A. at: (902) 461-1119.

**All meetings are for Families & Friends, unless designated “Observers Welcome”**

## MONDAY

10:00 - 11:30

AM *Our New Beginnings AFG*  
St. Andrews Presbyterian Church  
216 School St. Dartmouth  
Group meets in person. Contact group at  
ournewbeginningsafg@outlook.com

7:30 *Steps To Serenity AFG* WC  
PM St Bernard's Church, 253 Highway #2,  
Enfield, NS, Group meets in person.  
(Enter left side of property, around back of the  
building, AFG on the door- outside & inside  
room). Contact group at  
stepstoserenity247@gmail.com

## TUESDAY

10:00 *Clayton Park Sunshine AFG*  
AM Halifax Christian Church  
51 Farnham Gate Road, Halifax  
Group meeting in person  
(As of Dec 30, 2025, members are asked to  
enter the main door of the church by the  
parking lot. There are 17 parking spaces  
available and more parking across the road  
at the Rockingham Ridge Plaza. When you  
enter the front door of the church,  
immediately turn left, walk down the stairs,  
and at the bottom of the stairs, turn right,  
and you will see the meeting room.

7:00 *Halifax Al-Anon AFG*  
PM **Meeting Virtually on Zoom**  
Meeting ID: 830 3343 4425,  
Passcode: 076240



**Al-Anon meetings and  
information for anyone who  
is, or has ever been affected  
by someone else's drinking**



## WEDNESDAY

10:30 *Grateful AFG*  
AM St Joseph's Parish Hall  
115 Pleasant St, Bridgewater, NS  
Group meets in person, (Back entrance on  
Queen St, 2nd Floor, Room E). (The Hall has  
paid parking. AFG members will be given a free  
pass code number to exit so they do not have to  
pay. Free parking on Pleasant St in front. The  
church parking lot to the right of the church is  
free.)

7:30 *Hope and Peace AFG* WC  
PM **Hybrid Meeting in Person with Fongo  
Conference Call.** In Person: Bedford  
United Church, 1200 Bedford Highway,  
Room 305. Bedford (Back Parking Lot  
Entrance at Top of Hill, third floor. After  
entering, walk down the hall, down the stairs)  
Fongo Conference Call. Dial 902-932-1200,  
Enter Pass Code # 902-418-5969 #

7:30 *Serenity AFG*  
PM **Hybrid Meeting in Person with Fongo  
Conference Call.** In Person: Anglican  
Church of the Apostles, 6670 Bayers Rd  
(Corner Bayer's Rd. & Connaught Ave  
Halifax, (Parking on George Dauphinee Dr,  
Entrance at Side Rear Door off George  
Dauphinee, Downstairs. Fongo Conference  
Call. Dial 902-932-1200, Enter Pass Code #  
902-418-8594 #

7:45 *3G's AFG* WC  
PM Club 24, 3 Dundas Street, Dartmouth  
Group meets in person.  
(Hosts Speaker meeting 3<sup>rd</sup> Wednesday  
Feb, June, & Oct, Last Wednesday of Month  
meeting is at 7:30 pm,

## THURSDAY

10:30 *New Hope AFG*  
AM Cole Harbour Woodside United Church  
15 Bissett Rd, Cole Harbour (Entrance at  
back), (This group does NOT meet on school  
storm days or if school buses do not run.)

7:00 Sambro Loop Serenity AFG  
PM **Meeting Virtually on Zoom**  
Contact AIS to receive Zoom link  
AIS.HFX.NS.AREA91@gmail.com

7:00 *St Margaret's Bay Serenity AFG*  
PM St Luke's United Church  
5374 St Margaret's Bay Rd  
Tantallon, Group meets in person  
(use left side door, basement level)

7:30 *Eastern Passage AFG*  
PM **Meeting Virtually on Zoom**  
Contact group to receive Zoom link at  
easternpassageafg@gmail.com

## FRIDAY

7:30 *Cornerstone AFG*  
PM Step and Tradition Study + Topics  
1<sup>st</sup> Sackville Presbyterian Church  
60 Beaverbank Rd., Sackville  
Group meets in person.

7:45 *Friday Night AFG*  
PM North Woodside Community Centre  
230 Pleasant St., Dartmouth WC  
Group meets in person. Fellowship  
afterwards until 9:15 pm. Facility Closed on  
Storm Days.

## SATURDAY

1:00 *Port Wallis AFG*  
PM **Meeting Virtually on Zoom**  
Contact group to receive Zoom link at  
portwallisafg@gmail.com  
Link is emailed to members weekly on  
the meeting day.